

MAY 17, 2008

Checkpoints:

1	☆☆ START ☆☆ Historic County Building
2	Rice Street & Ho'olako Street <i>KVMH/Mahelona Hospital</i>
3	Kapule Highway <i>Special Olympics</i>
4	Kapule Highway & Ahukini <i>Hilo Hattie</i>
5	Ahukini Road <i>TBA</i>
6	Ahukini Road & Palai Street <i>McDonalds</i>
7	Umi Street <i>Oceanic Time Warner</i>
8	☆☆ FINISH ☆☆ Historic County Building (2.9 miles)

WALK START & FINISH
Historic County Building

LATE REGISTRATION
6:30 a.m.

START TIME
7:00 a.m.

DISTANCE
2.9 miles

Sponsored by the
HAWAII HOTEL & LODGING ASSOCIATION
2270 Kalakaua Avenue, Room 1506
Honolulu, Hawaii 96815
Telephone: 923-0407
www.charitywalkhawaii.org

Take steps to support Hawaii's Charities.
**JOIN THE VISITOR INDUSTRY
Charity Walk Kauai**
Official Charity Walk Form

**SATURDAY
MAY 17, 2008**



THE CHARITY WALK gives everyone a chance to raise money for Hawaii's charities. Walk with the Hawaii Hotel & Lodging Association and their allied members to help build a better, healthier Hawaii, for all of us.

WHO MAY WALK? – The Hawaii Hotel & Lodging Association invites everyone of every age to walk. Those under 12 years old must be accompanied by an adult and walkers under the age of 18 must have this application signed by a parent or guardian. All walkers should have minimum donations regardless of age (see front of form).

WHEN IS THE CHARITY WALK? – The Visitor Industry CHARITY WALK is Saturday, May 17, 2008. (Traditionally the 3rd Saturday in May.)

WHERE IS THE CHARITY WALK? – The starting point for the CHARITY WALK is listed below for all islands:

- Oahu** McCoy Pavilion, Ala Moana Beach Park (6 miles)
- Kauai** Historic County Building (2.9 miles)
- Big Island** Anaehoomalu Bay at Waikoloa Resort (4 miles)
- Maui** Maui War Memorial Park, Soccer Field (5 miles)

WHAT IS THE CHARITY WALK? – In 1974 the Hawaii Hotel & Lodging Association sponsored a charitable "Superwalk" to benefit one major charitable organization. Over the years, the HHLA annual walk has grown to become one of the largest single day fund-raising events in the State. In 1979, the Hawaii Hotel & Lodging Association members voted to extend the reach of support offered by the Walk's fund-raising capability.

The Visitor Industry CHARITY WALK is the result of this decision. All Hawaii non-profit charities are eligible to benefit. Walkers are treated to food, drink and first-aid at checkpoints along the walk route. All checkpoints are operated and supplied with refreshments and helpers by Hawaii hotels and allied organizations. Entertainment may also be provided at many checkpoints and at the end of the walk.

HOW DO YOU SIGN UP FOR THE CHARITY WALK? – Sign up with this walk form. For further information, call the Hawaii Hotel & Lodging Association office or the representative on your island:

- Oahu** 923-0407, Hawaii Hotel & Lodging Association
- Kauai** 246-5149, Jolene Ogle, Hawaii Hotel & Lodging Association – Kauai Chapter 240-6401, Matt Humprehys, The Grand Hyatt Kauai Resort & Spa
- Big Island** 886-1234 ext. 2605, Bambi Lau, Hilton Waikoloa Village 886-8129, Lynne Nagaoka, Waikoloa Beach Marriott Resort
- Maui** 244-8625, Maui Hotel & Lodging Association
- Website** www.charitywalkhawaii.org

TIPS FOR WALKERS

1. After the first few miles, walking is warm business so don't overdress.
2. Carry enough money for phone calls and bus fare.
3. Water and other refreshments will be provided at checkpoints along the route. Eat lightly beforehand.
4. Wear comfortable walking shoes and a thick pair of socks.
5. Dress for the weather. The CHARITY WALK will go on, rain or shine.
6. Bring only items that can be easily carried (i.e., sunglasses, lotion).
7. Walk at a rate that is best for you to conserve energy.
8. Skates, roller blades, scooters/razors, bicycles & skateboards should not be used due to increased pedestrian and vehicle traffic.

TIPS FOR PARENTS

1. The CHARITY WALK will be patrolled. Walkers will be taken to starting point if they cannot complete the course. Please instruct your children to phone you regarding their plans for getting home.
2. If you arrange to meet your children at the starting point, pick a specific place on the grounds that you all know.
3. Have your child carry identification.
4. We have no way of knowing where along the route your child may be at any given time. If you feel the need to know, please ask him/her to call you at regular intervals.
5. Your young people are helping us. They are giving their time and spirit to help others. We want them to be safe and to stop walking before they reach exhaustion. Please ask them to follow the tips on this card.

INSTRUCTIONS FOR WALKERS

BEFORE THE CHARITY WALK

1. Walkers may have as many sponsors as they can find. A walker should have donations totaling \$35 or more.
2. Donation forms should be filled out clearly and legibly.
3. Original copy of the pledge form and monies collected are to be turned into your company representative or the Charity Walk headquarters prior to the walk or at the registration desk on the day of the walk.
4. Retain yellow copy of the Charity Walk form for yourself.
5. We recommend flat donations.
6. Donations should be collected prior to the walk so funds may be submitted during registration.

MORNING OF THE CHARITY WALK, SATURDAY, MAY 17, 2008

1. Bring the following forms with you to the CHARITY WALK:
 - (A) Route Card
 - (B) Original copy of the Donation Form (if not pre-registered).

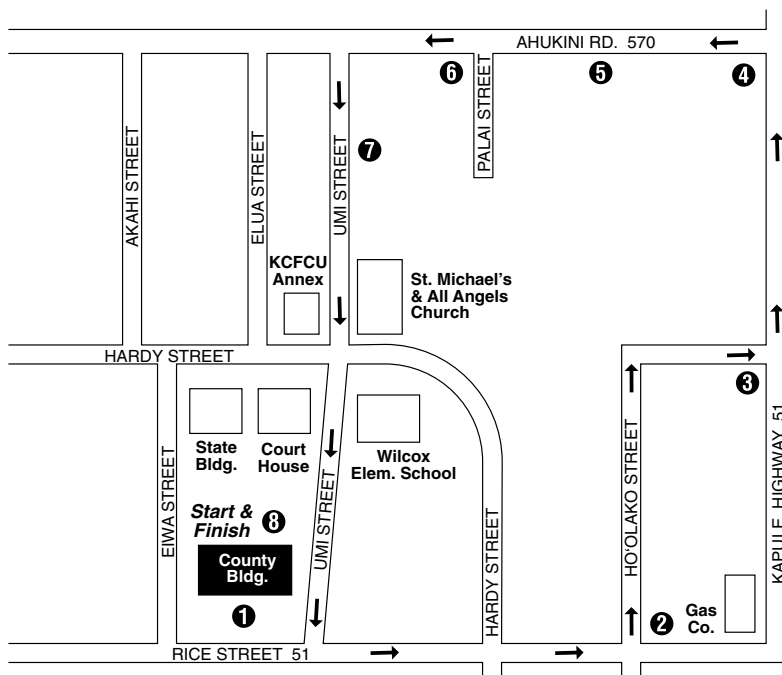
2. Turn in collected donations to the registration desk.
3. Registration begins at starting point (see back).
4. Remember to make transportation arrangements for after the CHARITY WALK.

DURING THE CHARITY WALK

1. Obey all traffic regulations. Always walk on the sidewalks where possible.
2. Wear light-colored clothing so that you are more easily visible to drivers.
3. First aid supplies will be on hand at all checkpoints.
4. Do not accept a ride from any car that is not marked as an official CHARITY WALK car! Transportation in official CHARITY WALK cars will be available to return tired/injured walkers to the starting point.
5. Keep our State clean – DO NOT LITTER!
6. If you have had it – QUIT. The CHARITY WALK is not a race or endurance contest. Qualified personnel at checkpoints may advise you to drop out if you appear ill/injured. PLEASE take their advice.

2007 PARTIAL LISTING OF OVER 170 CHARITIES FUNDS GIVEN TO:

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| <ul style="list-style-type: none"> • Aka'ula School • Ala Kuola (Hawaii Family Law Clinic) • Aloha Club of Hilo • Aloha Council of Boy Scouts • Aloha Festivals • Aloha House • Alzheimer's Association • American Cancer Society of Hawaii • American Culinary Federation, Kauai Chapter • American Lung Association | <ul style="list-style-type: none"> • American Red Cross • The ARC • Big Brothers Big Sisters • Brantley Center Inc. • Central Maui Hawaiian Civics Club • Child & Family Services • Community Assistance Center • Crimestoppers • E Makala I Na Keiki O Lanai • Friends of Molokai High & Intermediate Schools • Food Bank of Hawaii | <ul style="list-style-type: none"> • Friends of the Children's Justice Center • Friends of Missing Children Center • Girl Scout Council of Hawaii • Habitat for Humanity • Hale Kau Kau • Hale Makua Foundation • Hale 'Opio Kauai Inc. • Hawaii Island Adult Care • Hawaii Meals on Wheels • Hospice • Humane Society | <ul style="list-style-type: none"> • Help Understanding & Group Support (HUGS) • Institute of Human Services • Ka Lima O Maui • Kauai Community College • Kauai Economic Opportunities • Kauai Ocean Resource Council • Kona Association for Retarded Citizens • Kona Paradise Club • Lanakila Rehabilitation Center, Inc. • Malama Na Makua A Keiki Inc. | <ul style="list-style-type: none"> • Maui Family Support Services • Mediation Services of Maui • MEO Youth Bank • Native Hawaiian Hospitality Association • Office of Social Ministry • PATCH • Poipu Beach Foundation • Public Schools of Hawaii Foundation • River of Life Mission • Ronald McDonald House Charities of Hawaii | <ul style="list-style-type: none"> • The Salvation Army • Special Olympics • TREE Hawaii • United Cerebral Palsy Association of Hawaii • Visitor Aloha Society of Hawaii (VASH) • Waianae Coast Comprehensive Health Center • YMCA • YWCA |
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- 1 **START** – Historic County Building
- 2 Rice Street & Ho'olako Street
- 3 Kapule Highway
- 4 Kapule Highway & Ahukini
- 5 Ahukini Road
- 6 Ahukini Road & Palai Street
- 7 Umi Street
- 8 **FINISH** – Historic County Building